**Things to consider**

Our ambition is to give patients the ability to share and control access to their records. In sharing your information there are some things that you should consider:

- You do not have to share all of your records; you can restrict what is seen and who sees it.
- If you have given access to your records to friends or family, you still have the option to restrict what they see.
- If you spot an error in your records, please contact your care provider as soon as possible.

**Want to find out more?**

If you want more information please:

- Talk to your health or care professional providing care to you.
- email: share4care@nhs.net
- visit: [www.integration.healthiernorthwestlondon.nhs.uk](http://www.integration.healthiernorthwestlondon.nhs.uk)

**Sharing your information to improve care**

North West London health and care professionals are working together to provide your care. Those involved can see relevant information about you, so you can receive joined up care.

This ensures that when you visit your GP practice, the hospital, or get support in your community or at home, your care professional such as your GP, hospital doctor, district nurse or social worker has the right information about you at the right time.

**The Benefits**

You can talk to your health and care professional about sharing your information but here are some of the benefits:

- You only need to tell your history once.
- You avoid unnecessary appointments and tests.
- You can be more involved in decisions about your care.

Visit our website: [integration.healthiernorthwestlondon.nhs.uk](http://integration.healthiernorthwestlondon.nhs.uk)
Supporting your care

Who will see information about me?

- Health and social care professionals such as GPs, nurses and social workers directly involved in your care.
- Support staff organising your appointments or your treatment.
- With your permission, health and social care teams discussing your diagnosis, treatment and care at case conferences to provide the best care for you.

Information shared about you includes:

- Health and wellbeing information relevant to your care.
- NHS number.
- Age.
- Contact details.
- Next of kin.
- Medication and allergies.
- Appointments, treatment and care.
- Test results such as blood tests, laboratory tests, X-rays.

Supporting and improving care

Some information without your personal details may be shared securely with health and social care organisations to plan and improve local services for the people of North West London. This anonymous information helps to plan and provide care. It also helps us to monitor the quality of services provided.

Your choices

If you are happy to share your information

- Information about you is shared with health and care professionals providing care to you.
- Information (without your personal details) is shared anonymously with health and social care organisations to plan local services and improve care for everyone.

Is information about me protected?

Information about you is protected under the Data Protection Act 1998.

- Health and social care professionals can only see information about you to provide direct care to you.
- Information about you will NOT be shared or sold to private companies.
- Health and care professionals must keep your records secure.

If you do not want to share your information, please tell your health or care organisation providing care to you.